



"Roll With It!" *(A Practical Guide To Managing Change)*

Jake French knows more than most how crippling being forced to change can be. It doesn't matter if we're talking about shifting how you sell, engage customers, deal with problems, or even utilize the resources you have to work with, it's harder to let go of how we did it in the past than learn to do something a new way. This presentation is for professionals who want to gain a competitive advantage by learning strategies to get better at dealing with change. In order to do our best, we need tools to be our best.

Jake will share his expertise in emotional intelligence to show how to develop a mindset that helps us get better at handling our daily difficulties, so that we can become more effective at accomplishing our goals. You will be blown away by the challenges Jake has fought through. From these experiences, you will take home a new perspective and ability to process life's obstacles in ways you want your whole team to know and benefit from. With all the focus on how to keep up with change externally, it's about time we put some effort in how we manage change personally.

Finding a good speaker is the first step, but booking a relevant one is where your event can exceed expectations. Through meticulous research into your specific obstacles and objectives, you can count on Jake to tailor a presentation that fits your group perfectly and give you the actionable takeaways to move the needle!

Learning Objectives:

- Develop the emotional intelligence to take control in stressful situations
- Create a perspective that gives you a stronger ability to process life's obstacles
- Cultivate a "can do" culture that encourages fresh thinking and innovation
- Spread a mindset that helps your team make the most of resources they do have to work with

Biography: Jake French, the very definition of inspiration teaches what fuels it, inhibits it, and the strategies you can use to leverage it. As a young man on top of the world with a new college degree and dream job as a forester, life was suddenly turned upside down by a devastating spinal cord injury that left him a quadriplegic. Life happened, as unexpected change tried to steal the wheel. It was what came next, the choice to live it, that became the blueprint for a way of life that can help all of us accomplish more. Today Jake teaches teams how to stop fighting change and instead start rolling with it by firing up our inner drive to push past limitations and perform at your highest level.